BRIGHAM HEALTH BWH BRIGHAM AND WOMEN'S HOSPITAL

PREVENTIVE GENOMICS CLINIC

FREQUENTLY ASKED QUESTIONS

WHAT IS THE PREVENTIVE GENOMICS CLINIC?

• This is the world's first academic clinic where adults and their children can learn about genetic health risks proactively before disease develops. In many cases, this can lead to changes in medical care to keep people healthy for longer.

HOW DOES THE PROCESS WORK?

- The first step is a 90-minute medical consultation in Boston. Here, you meet with a medical geneticist and genetic counselor to provide your personal and family medical history, have a brief physical exam and discuss your goals for genetic testing. We then review testing options based on the information you want to learn and collect saliva or blood for DNA analysis.
- Results are typically available in 14-90 days and we review them together in person or by phone. We explain what your results mean for your personal health and/or your family's health, plus discuss options available for preventing disease.

WHAT TYPE OF INFORMATION CAN I LEARN?

- Our preventive testing options range from basic screening for a few health risks to comprehensive analysis of your entire genome.
- Genetic analysis can reveal risks for cancer, heart disease, metabolic problems and many other health conditions. We will develop a customized care plan (including referrals to specialists, screening/prevention options or medication recommendations) to help you achieve the healthiest lifestyle possible based on your unique genetic information.

HOW MUCH DOES THE CLINIC COST?

- We typically bill insurance for the charges associated with the clinic visit and have not had issues with obtaining coverage for this. If paying out of pocket, the cost of the visit itself is approximately \$1000. We encourage you to contact your insurance provider if you have specific questions as policies may vary.
- The cost of the genetic testing chosen is separate and not covered by insurance. We offer various options for genetic testing with prices ranging from \$250-\$2,950 depending on the complexity and number of genes analyzed. We can help you decide which option is right for you.

CAN I ACCESS MY RAW DATA?

• Yes! Individuals are able to request their raw data from most laboratories for a small processing fee. Our clinical staff is happy to assist with this process as needed.

HOW IS MY PRIVACY PROTECTED?

• We only work with laboratories that are committed to protecting your privacy. Identifiable data (like a patient's name and date of birth) are never shared outside of the testing lab.

CONTACT US FOR YOUR PERSONALIZED EVALUATION



(617) 264-5884



preventivegenomics @bwh.harvard.edu



genomes2people.org